

Get Free Things I Want My Daughters To Know A Small About The Big Issues In Life Alexandra Stoddard Free Download Pdf

Things I Want My Daughters to Know Strong Fathers, Strong Daughters Things I Want My Daughters to Know Things I Want My Daughters to Know You Don't Really Know Me: Why Mothers and Daughters Fight and How Both Can Win Mothers and Daughters Oldest Daughters Things My Daughter Needs to Know What I Told My Daughter Mothers, Tell Your Daughters: Stories What Dads Need to Know About Daughters/What Moms Need to Know About Sons Not Without My Daughter The Daughterhood What I Want My Daughter to Know About Women Daughter... I Want You to Know This Your Daughter's Role in Today's World, what Every Parent Should Know about Opportunities for Women in Armed Forces Motherless Daughters 13 Women Artists Children Should Know The Daughters Somebody's Daughter The Dream Daughter Epic Families, Equipping Parents to Inspire Their Children to Know God Letters to My Daughters Dads and Daughters How to be a Parent Wives and Daughters Daughters and Mothers Kiss and Tell The Lost Daughter Daughters and Granddaughters of Farmworkers What Every Father Should Know About His Daughter by the Time She Is 17 (Hopefully) Raising Girls in the 21st Century: Helping Our Girls to Grow Up Wise, Strong and Free The Road to My Daughter The Daughter's Tale What Mothers Never Tell Their Daughters Letter To My Daughter The Daughter What Should We Tell Our Daughters? Girl in the Mirror Daughters Rising

Mothers and Daughters Jul 28 2022 A sweeping family drama of old secrets and new beginnings... ‘A satisfying treat’ Adele Parks, Platinum ‘A compelling family drama’ Sarah Morgan ‘Wise and warm with plenty of twists and turns’ Rachel Hore ‘Emotional and uplifting’ Veronica Henry ‘Captivating and vivid’ Miranda Dickinson

Strong Fathers, Strong Daughters Dec 01 2022 Inspiration for the motion picture streaming August 1 on Pure Flix! Drawing on her thirty years' experience practicing pediatric and adolescent medicine, teen health expert Dr. Meg Meeker explains why an active father figure is maybe the single most important factor in a young woman's development. In this invaluable guide, Meeker shows how a father can be both counsel and protector for his daughter as she grows into a spiritually and mentally strong young woman. From cradling his newborn to walking her down the aisle, a father must relish his paramount responsibility—guiding the course of his daughter’s life. Meeker reveals • how a man can become a "strong father" • how a father's guidance influences every part of a woman's life, from her self-respect to her perspective on drugs, alcohol, and sex • how to lay down ground rules that are respected without creating distance in your relationship with your daughter • why you need to be your daughter's hero • the mistakes most fathers make and their serious consequences • how to help daughters make their own good decisions and avoid disastrous mistakes • how a father's faith will influence his daughter's spiritual development • how to get through to you daughter, even during her toughest don't-talk-to-me years • true stories of daughters who were on the wrong path—and how their fathers helped to bring them back Learn how to grow, strengthen, or rebuild your relationship with your daughter to better both your life and hers in the bestselling *Strong Fathers, Strong Daughters: 10 Secrets Every Father Should Know*.

Epic Families, Equipping Parents to Inspire Their Children to Know God Mar 12 2021 “Epic Families not only identifies a problem within today’s church but presents suggestions that equip parents to raise kids who are passionate for Jesus and offers ways that churches can partner with and empower parents in this mission. Definitely well worth the read!” — Rev. Allen Perdue Lead Pastor, Jersey Life Church Today’s children are not raised in a bubble. Daily, they are bombarded with worldly wisdom and are tempted at earlier ages with things that would have stunned parents of previous generations. Epic Families strives to help parents reclaim their God-given mandate to raise their children to know and love Him. Developed through more than a decade of ministry experience as well as one-on-one coaching with parents and church staff, this book identifies ways that the church has taken over a role that was designed for parents. It offers suggestions to parents to help them confidently teach their children about the God who made them, loves them, and wants a relationship with them, while also suggesting ways that churches can partner with parents, while not usurping the parents’ role. Epic Families can empower parents to inspire their children to trust God and make wise choices. In the busy and sometimes scary world we live in, parents need to intentionally showcase God’s presence to their children and let Him permeate their lives; this book offers them a valuable resource to do that.

Mothers, Tell Your Daughters: Stories Mar 24 2022 “Bonnie Jo Campbell is a master of rural America’s postindustrial landscape.” —Boston Globe Named by the Guardian as one of our top ten writers of rural noir, Bonnie Jo Campbell is a keen observer of life and trouble in rural America, and her working-class protagonists can be at once vulnerable, wise, cruel, and funny. The strong but flawed women of Mothers, Tell Your Daughters must negotiate a sexually charged atmosphere as they love, honor, and betray one another against the backdrop of all the men in their world. Such richly fraught mother-daughter relationships can be lifelines, anchors, or they can sink a woman like a stone. In "My Dog Roscoe," a new bride becomes obsessed with the notion that her dead ex-boyfriend has returned to her in the form of a mongrel. In "Blood Work, 1999," a phlebotomist's desire to give away everything to the needy awakens her own sensuality. In "Home to Die," an abused woman takes revenge on her bedridden husband. In these fearless and darkly funny tales about women and those they love, Campbell’s spirited American voice is at its most powerful.

Oldest Daughters Jun 26 2022 The impact of the first-born daughter's childhood position on her adult life, siblings and spouse shared by more than 100 family members of diverse ethnicities. Results from an online survey of several hundred random participants. The author's own experiences. A contributing psychologist's suggestions for personal transformation.

What Dads Need to Know About Daughters/What Moms Need to Know About Sons Feb 20 2022 It's a boy! New mothers welcome this announcement with both excitement and trepidation. It's the beginning of a great adventure, as well as one of the most challenging jobs a woman can face. Moms, your desire to understand your son can equip you with the power to influence his life for good, thereby influencing his family and generations to come. God made you this little boy's mom on purpose! And with John Burns's experienced help in this book, you can learn not only to endure it but to celebrate it. It's a girl! Those three little words create a rush of joy and anticipation for every new dad -- typically followed by a healthy dose of fear and apprehension. Dads, from God you can learn the qualities and characteristics that will make you the kind of dad your daughter needs you to be -- and the kind of dad God always intended you to become. And with Helen Burns's gentle advice about girls, it may be easier than you think. Join us now as we celebrate the divine differences in sons and daughters. Learn to be gentle, loving, and understanding dads and moms from the wise and gracious Father of us all.

The Lost Daughter Aug 05 2020 Leda is a middle-aged divorcée devoted to her work as an English teacher and to her two children. When her daughters leave home to be with their father in Canada, Leda anticipates a period of loneliness and longing. Instead, slightly embarrassed by the sensation, she feels liberated, as if her life has become lighter, easier. She decides to take a holiday by the sea, in a small coastal town in southern

Italy. But after a few days of calm and quiet, things begin to take a menacing turn. Leda encounters a family whose brash presence proves unsettling, at times even threatening. When a small, seemingly meaningless, event occurs, Leda is overwhelmed by memories of the difficult and unconventional choices she made as a mother and their consequences for herself and her family. The seemingly serene tale of a woman's pleasant rediscovery of herself soon becomes the story of a ferocious confrontation with an unsettled past. Following the extraordinary success of *The Days of Abandonment*, Elena Ferrante's new novel explores the conflicting emotions that tie us to our children. This candid fiction represents her most compelling and perceptive meditation on womanhood and motherhood thus far.

Daughters and Mothers Oct 07 2020 The relationship between daughters and mothers is revealed in this collection of essays and photographs. The women in these pages share their thoughts and discover universal truths about family ties and the roles of women in life.

Daughter... I Want You to Know This Oct 19 2021 This special keepsake book says everything you want to say to your daughter• but can•t always find the words for. It•s filled with wishes, praise, life advice, gentle reminders• and never-ending love. This Pix & Pagels gift book was created by best-selling author Douglas Pagels, whose books have sold over 3.5 million copies. Colorful, eye-catching photographs are paired with heartfelt writings, resulting in the perfect gift of love for an amazing daughter.

What I Told My Daughter Apr 24 2022 Edited by Nina Tassler, the chairman of CBS Entertainment, a collection of original essays from notable, highly accomplished women in politics, academia, athletics, the arts, and business offering advice for raising a new generation of empowered girls. Young women are bombarded these days with advice from every direction telling them to lean in, marry smart, thrive, or not even to try to have it all. So where to begin? And whom should they listen to? Nina Tassler is, by any standard, a trailblazer. She holds one of the highest positions at CBS Corp., one of the world's most prominent media companies; she serves on the boards of prominent institutions; and she's a devoted wife and mother. It's hard to imagine a better role model for a young woman. But while attending a volleyball tournament with her daughter, Nina was forced to face her own limitations. Olympic gold medalist Misty May-Treanor was scheduled to speak and the girls were all so excited to hear what she would have to say—not just as an icon of the sport that they all loved, but as a woman. Nina realized that the absence of sports from her own girlhood meant that she didn't always know how to talk to her daughter about what it means to be a female athlete, or about how women could succeed in the often male-dominated field of sports. Nina realized that her perspective on what feminism means—on what being a woman means—is singular, and informed by her own journey...and that perhaps other women—other mothers—had their own unique ways of talking about these issues with their own girls. And so *What I Told My Daughter* was born: a kaleidoscope of talented, successful women from all walks of life—from celebrities to business executives, academics to law enforcement to philanthropic and humanitarian leaders including Geena Davis, Brooke Shields, Norah O'Donnell, First Lady Laura Bush, Pat Benatar, Gloria Estefan, Christine Baranski, Sheila Bair, Peggy Orenstein, and Gloria Allred—share anecdotes about the stories they've told their own daughters to instill in them the belief that they are capable of doing whatever they set their mind to, and that even as they struggle to find their own way, they are far from alone.

The Dream Daughter Apr 12 2021 *The Dream Daughter* is a page-turning and unforgettable story of love and hope from bestselling author Diane Chamberlain. When Caroline Sears receives the news that her unborn baby girl has a heart defect, she is devastated. It is 1970 and there seems to be little that can be done. But her brother-in-law, a physicist, tells her that perhaps there is. Hunter appeared in their lives just a few years before – and his appearance was as mysterious as his past. With no family, no friends, and a background shrouded in secrets, Hunter embraced the Sears family and never looked back. Now, Hunter is telling her that something can be done about her baby's heart. Something that will shatter every preconceived notion that Caroline has. Something that will require a kind of strength and courage that Caroline never knew existed. Something that will mean a mind-bending leap of faith on Caroline's part. And all for the love of her unborn child.

13 Women Artists Children Should Know Jul 16 2021 This book teaches a young audience about the works and lives of thirteen women artists through informative texts, puzzles, coloring exercises, and fun quizzes. In colorful spreads that feature important works as well as portraits of the artists themselves, children will learn how Sofonisba Anguissola, the Renaissance painter and pupil of Michelangelo, mastered portraiture in the Spanish Court; how the exquisitely wrought illustrations of Maria Sybilla Merian advanced the study of nature in the seventeenth century; and how Mary Cassatt's paintings depicted the lives of women in the nineteenth century. Modern and contemporary artists such as Georgia O'Keeffe, Frida Kahlo, Louise Bourgeois, and Cindy Sherman round out this introduction to women artists for children.

Things I Want My Daughters to Know Jan 02 2023 From Alexandra Stoddard - beloved lifestyle philosopher, mother, and author of *Choosing Happiness*, a small book of wisdom about the big questions of life, perfect for new graduates, new mothers, and as a treasured gift from woman to woman. Alexandra Stoddard, a mother, grandmother, and author of more than 25 books on personal fulfilment, shares a series of succinctly-stated principles worth living by. Each statement is fleshed out in a few brief, useful paragraphs. By turns wise ("Pain is inevitable; suffering is a choice"), controversial ("Don't feel guilty about your feelings toward your parents, stepparents, or in-laws"), affirming ("You don't have to prove anything to anyone"), and humorous ("When you discover something you love, stock up"), these short pieces cut to the essence of what's important and are oases of clarity amid life's chaos.

Motherless Daughters Aug 17 2021 Ask any woman whose mother has died, and she will tell you that she is irrevocably altered, as deeply changed by her mother's death as she was by her mother's life. Although a mother's mortality is inevitable, no book had discussed the profound, lasting and far-reaching effects of this loss - until *Motherless Daughters*, which became an instant classic. Over twenty years later, it is still the book that women of all ages look to for comfort and understanding when their mothers die, and the book that they continue to press into each other's hands. Building on interviews with hundreds of mother-loss survivors, the author's personal story of losing her mother and recent research in grief and psychology, *Motherless Daughters* reveals the shared experiences and core identity issues of motherless women. * * * * * 'Motherless Daughters is a timeless source of consolation and information for all who grieve the death of their mother. It highlights that we bear this loss by remembering, not forgetting our mother.' JULIA SAMUEL, author of *Grief Works* 'Anyone who has lost their mother should read this remarkable, tender book, full of insight and consolation. This is one of those exceptional books that has the power to change your life.' CLOVER STROUD, author of *The Wild Other* 'Nothing has helped me make more sense of myself than *Motherless Daughters*; it's the book I go back to again and again, and find something new in it every time.' DECCA AITKENHEAD 'Intelligent, brave, consoling and wise . . . an essential and illuminating must-read for anyone who has lost a mother or loves someone who did.' CHERYL STRAYED, author of *Wild* 'This book has helped me heal my heart. Finding myself in the stories of other motherless daughters let me know I was not alone. If you have lost your mom - this book is essential.' ROSIE O'DONNELL 'Absorbing . . . insightful . . . a moving and valuable treatment of a neglected subject.' NEW YORK TIMES BOOK REVIEW

Dads and Daughters Jan 10 2021 Every father can make a huge difference in his daughter's life. As the primary male role model in a girl's life, fathers influence their daughters in profound ways, from how they see themselves to what they come to expect from men and the world at large. But men often don't realize the importance of their interactions or may shy away from too close involvement because of their inexperience, or conditioning. Especially as girls move into adolescence, fathers may find themselves feeling distant from their daughters or awkward with the changing dynamic. Communication becomes difficult and parenting issues more complicated. But this is also the time when daughters most need their fathers to be an even greater presence in their lives. *Dads and Daughters* is a tool to bridge that gap and build a rewarding and joyful father-daughter relationship. From father to father and with insights from many other dads, Joe Kelly shows men how they can strengthen their relationships with their daughters and explores the tremendous rewards this relationship can bring. Starting with a self-assessment quiz titled "How Am I Doing as My Daughter's Father?" dads can immediately see what kind of role they play in their daughter's life. To educate fathers and offer

solutions when problems arise, Dads and Daughters then offers thoughtful coverage of the most pivotal issues today's girls face, such as sex and dating, body image, alcohol and drugs, media culture and violence, money and responsibility, and the future. In doing so he both illuminates the culture our daughters live in and shows fathers how to guide their daughters toward rewarding, healthy lives.

What I Want My Daughter to Know About Women Nov 19 2021 What I Want My Daughter to Know about Women by Bob Mika was written from his life's experiences, with his daughter's interests in mind. He wanted to share with her what he has learned from his many relationships, and the meaning of true love. Bob Mika has always wanted a family, and he spent his entire life looking for that special woman, to have his children and share a life. He has opened his feelings to many women, who in return, left him disappointed. He explains throughout the book what it feels like to be in love, and what are the differences in love and attraction, and why women need to understand that men are not mind readers. What's the purpose of romance is, and why relationships between men and women can be so challenging. He explains how not following your inner self, and later regretting it, can affect your outlook. He talks about your mindset on how you treat others, how the average man's biggest problems are with dating, sex, relationships, and marriage. He explains to his daughter the ups and downs of dating, and what to look for in a partner and a relationship, either in herself or her partner. Having that happy feeling of your lifelong dream of becoming a father come true! This story of his life is a captivating story of one man's determination, and his love for his daughter.

Daughters and Granddaughters of Farmworkers Jul 04 2020 In *Daughters and Granddaughters of Farmworkers*, Barbara Wells examines the work and family lives of Mexican American women in a community near the U.S.-Mexican border in California's Imperial County. Decades earlier, their Mexican parents and grandparents had made the momentous decision to migrate to the United States as farmworkers. This book explores how that decision has worked out for these second- and third-generation Mexican Americans. Wells provides stories of the struggles, triumphs, and everyday experiences of these women. She analyzes their narratives on a broad canvas that includes the social structures that create the barriers, constraints, and opportunities that have shaped their lives. The women have constructed far more settled lives than the immigrant generation that followed the crops, but many struggle to provide adequately for their families. These women aspire to achieve the middle-class lives of the American Dream. But upward mobility is an elusive goal. The realities of life in a rural, agricultural border community strictly limit social mobility for these descendants of immigrant farm laborers. Reliance on family networks is a vital strategy for meeting the economic challenges they encounter. Wells illustrates clearly the ways in which the "long shadow" of farm work continues to permeate the lives and prospects of these women and their families.

Things I Want My Daughters to Know Sep 29 2022 From a beloved lifestyle philosopher and mother, a small book of wisdom about the big questions of life, from "Be careful what you give up" to "When you've made your point, sit down". "My mother gave me milk; I have tried to give my daughters milk and honey. Milk is our basic need; honey is the fun, the happiness, the joy." Thus Alexandra Stoddard introduces her new book of simple, profound truths for joyful living. Like her strong-selling *Choosing Happiness*, this small book illuminates a big idea. Stoddard, a mother, grandmother, and author of more than 25 books on personal fulfilment, shares a series of succinctly-stated principles worth living by. Each statement is fleshed out in a few brief, useful paragraphs. By turns wise ("Pain is inevitable; suffering is a choice"), controversial ("Don't feel guilty about your feelings toward your parents, stepparents, or in-laws"), affirming ("You don't have to prove anything to anyone"), and humorous ("When you discover something you love, stock up"), these short pieces cut to the essence of what's important and are oases of clarity amid life's chaos. Perfect for new graduates, new mothers, and as a treasured gift from woman to woman.

Your Daughter's Role in Today's World, what Every Parent Should Know about Opportunities for Women in Armed ForcesSep 17 2021

Raising Girls in the 21st Century: Helping Our Girls to Grow Up Wise, Strong and Free May 02 2020 Steve Biddulph's *Raising Boys* was a global phenomenon. The first book in a generation to look at boys' specific needs, parents loved its clarity and warm insights into their sons' inner world. But today, things have changed. It's girls that are in trouble.

Not Without My Daughter Jan 22 2022 'You are here for the rest of your life. Do you understand? You are not leaving Iran. You are here until you die.' Betty Mahmoody and her husband, Dr Sayyed Bozorg Mahmoody ('Moody'), came to Iran from the USA to meet Moody's family. With them was their four-year-old daughter, Mahtob. Appalled by the squalor of their living conditions, horrified by what she saw of a country where women are merely chattels and Westerners are despised, Betty soon became desperate to return to the States. But Moody, and his often vicious family, had other plans. Mother and daughter became prisoners of an alien culture, hostages of an increasingly tyrannical and violent man. Betty began to try to arrange an escape. Evading Moody's sinister spy network, she secretly met sympathisers opposed to Khomeini's savage regime. But every scheme that was suggested to her meant leaving Mahtob behind for ever... Eventually, Betty was given the name of a man who would plan their perilous route out of Iran, a journey that few women or children had ever made. Their nightmare attempt to return home began in a bewildering snowstorm...

The Daughters Jun 14 2021 The only daughter of supermodel Katia Summers, witty and thoughtful Lizzie Summers likes to stick to the sidelines. The sole heir to Metronome Media and daughter of billionaire Karl Jurgensen, outspoken Carina Jurgensen would rather climb mountains than social ladders. Daughter of chart-topping pop icon Holla Jones, stylish and sensitive Hudson Jones is on the brink of her own music breakthrough. By the time freshman year begins, unconventional-looking Lizzie Summers has come to expect fawning photographers and adoring fans to surround her gorgeous supermodel mother. But when Lizzie is approached by a fashion photographer that believes she's "the new face of beauty," Lizzie surprises herself and her family by becoming the newest Summers woman to capture the media's spotlight.

What Every Father Should Know About His Daughter by the Time She Is 17 (Hopefully) Jun 02 2020 I recently found out something about my daughter that as a father I should have known. As the father I believed myself to be I should have found out. It's not important what I found out what is important is that I realized that as close as I felt I was to my daughter there were somethings I did not know. I discovered other fathers in my cohort felt the same way. I am not saying that fathers should snoop. Frankly, the answers to some of these questions simply come from having a conversation with our daughters. Conversation not inquisition! As fathers we know that one day we are rocking her to sleep while watching Elmo on, the next moment she is trying to get us to watch Lifetime, or is it Oprah? It is our hope that as time passes and you both get older and wiser that missed time does not translate into missed opportunities, and that this book will ensure that your little princess never turns into a stranger, or you to her. She would love to tell you if you would just ask. Perhaps she has already told you but you were not listening. I thank God for putting this book in my heart. I pray and hope that this book finds its way into other father's hands so that they will know

Things My Daughter Needs to Know May 26 2022 The perfect book for mums who want to share with their daughters and for daughters who can't always share with their mums. By the time Dilvin Yasa left home, she'd already dated a string of bad men, fallen prey to countless fashion faux pas and suffered too many awkward sex talks with her parents. Determined that the next generation should learn from her experiences, she wrote a series of letters for her young daughter to read when she reaches the eve of adulthood – sharing the things that only a mother can teach her daughter. *Things My Daughter Needs to Know* is both an accessible parenting book and an edgy self-help guide for young women needing reliable info on picking the right bra, avoiding full-moon parties, tackling the dating game and flying the nest. Drawing on years of experience as a journalist for women's magazines and sharing – with admirable honesty – more than a few embarrassing stories from her own coming of age, Dilvin Yasa gives us frank, fearless and very funny advice on the sometimes painful, often joyful and always interesting journey into womanhood.

What Should We Tell Our Daughters? Oct 26 2019 We have reached a tricky crossroads in modern women's lives and our collective daughters are bearing the brunt of some intolerable pressures. Although feminism has made great strides forward since our mothers' and grandmothers' day, many of the key issues - equality of pay, equality in the home, representation at senior level in the private, public and political sectors - remain to be tackled. Casual sexism in the media and in everyday life is still rife and our daughters face a host of new difficulties as they are bombarded by images of unrealistically skinny airbrushed supermodels, celebrity role-

models who depend on their looks and partners for status, and by competitive social media. The likes of Natasha Walter and Katie Roiphe deal with feminism from an adult point of view, but our daughters need to be prepared for stresses that are coming into play now as early as pre-school. This is a manifesto for every mother who has ever had to comfort a daughter who doesn't feel 'pretty', for every young woman who out-performs her male peers professionally and wonders why she is still not taken seriously, and for anyone interested in the world we are making for the next generation.

Kiss and Tell Sep 05 2020 This is a book about where to find them, when to keep them, why to break it off and how to lose them. It's a book that tackles such important questions as: How do you read between the lines to discern what's true and what's not? Should you fake orgasm? Is it okay to break up via voice mail? What if your kids don't like him? And what should you write in your on-line ad? We fervently believe this book will enable all single women to learn what we've learned, laugh along with us at our mistakes and thus have an easier time charting those uncharted waters on their way to new relationships. Mothers and daughters compare notes on all sorts of things, but few get to compare notes on the dating scene, let alone write a mother-daughter dating book together. We didn't plan things this way. I suddenly found myself widowed after 19 years of marriage and my daughter, Andi, became a divorcee after ten years of marriage. We both re-emerged as singles at times in our lives when we least expected to do so. We discovered over the years as we compared notes, soothed each other's egos, offered encouragement, and giggled uproariously over some of the funnier anecdotes our dating experiences have yielded that commiseration was a learning and healing experience and most important of all great fun. We decided to broaden the circle and interview our friends two very different generations of dating women and we found we had all reached many similar conclusions, namely that there are few problems that can't be rectified, that women are too hard on themselves in dealing with men, and that it's far better to laugh than to take these things too seriously. Kiss and Tell: Tales by a Mother and Daughter is filled with our stories and newfound wisdom. We look at how children fit into the dating picture for younger women. Is it possible to find a man who not only loves you but also adores your children? And we look at the discomfort older women might feel about suddenly dating again after forty plus years of marriage. Invaluable dos and don'ts of dating are included throughout the book

Wives and Daughters Nov 07 2020

How to be a Parent Dec 09 2020 This is a parenting book for people who don't buy parenting books With straight-talking advice from renowned Psychotherapist Philippa Perry, How to be a Parent is the definitive guide for any parent looking to navigate their past, avoid repeating mistakes, and ensure they don't land their own kids in therapy. Through the combination of case studies, and therapeutic insight gained from over 20 years of working directly with clients, Perry tackles the wider issues of what it actually means to be a parent, rather than getting bogged down in the little details. This isn't a book about meeting developmental milestones, training your child to have enviable manners, or how to get the much idealised 'perfect' family, it's about creating functional relationships with your children so that they grow up feeling secure, knowing who they are and what they want - giving both them and you a shot at real happiness. Full of refreshing, sage and sane advice on the bigger picture of parenthood, How to be a Parent is the only book you'll ever really need to ensure you don't mess your kids up.

Letters to My Daughters Feb 08 2021 ** THE NUMBER ONE BESTSELLER ** 'Uplifting and magical' Cathy Kelly 'Warm, intelligent and brilliant' Marian Keyes 'A beautiful book by an exceptional author - lose yourself in her wonderful writing' Sinead Moriarty Some books are guaranteed to break your heart - and put it back together again. Letters to my Daughters is one of those wonderful books. From the inspirational, beloved Emma Hannigan. Throughout their lives, the three Brady sisters have always been closer to their nanny May than to their own mother, Martha a busy midwife. May always thought of them as her daughters so when she dies suddenly, the sisters are left devastated -- especially when they learn that letters intended for them from May with final words of advice and love have gone missing. But what words of advice could the sisters need? Beatrice, owner of exclusive wedding boutiques, is busy and fulfilled. Rose has a beautiful daughter, a luxurious home and a thriving interiors company. And Jeannie, married to a wealthy plastic surgeon in L.A., wants for nothing. Except that each of the sisters carries a secret ... As they gather for the reading of May's will in Dublin, they must face some life-changing decisions. Will they ever learn the words of advice May had for them and discover who took the letters? Letters to my Daughters is the spellbinding story about the complicated bonds between women - daughters, mothers, sisters - and how love and happiness comes in many guises.

What Mothers Never Tell Their Daughters Jan 28 2020 In this book, Michelle combines her experiences as a daughter, mother, and psychologist as she looks into the mirror of her life and reflects on the struggles she had and overcome. "What Mothers Never Tell Their Daughters" gives you sage strategies and practical tools to help you navigate and improve your mother-daughter relationship.

You Don't Really Know Me: Why Mothers and Daughters Fight and How Both Can Win Aug 29 2022 Understand what your teenage daughter really means—and learn to use your arguments to strengthen your bond with her. Mothers and teenage daughters argue more than any other child-parent pair—on average every two-and-a-half days. These quarrels, Terri Apter shows, are attempts to negotiate changes in a relationship that is valued by both mothers and daughters. A daughter often feels her mother doesn't know or understand her, and by fighting hopes to force her mother into a new awareness of who she really is, how she has changed, and what she is now capable of doing and understanding. But mothers often misinterpret their daughter's outbursts as signs of rejection, and they may pull back feeling hurt and confused. Through case studies and conversations between mothers and daughters, Apter shows mothers how to interpret the meanings behind a daughter's angry words and how to emerge from arguments with a new closeness.

Letter To My Daughter Dec 29 2019 A collection of wisdom and life lessons, from the beloved and bestselling author of I KNOW WHY THE CAGED BIRD SINGS 'A brilliant writer, a fierce friend and a truly phenomenal woman' BARACK OBAMA Dedicated to the daughter she never had but sees all around her, Letter to my Daughter reveals Maya Angelou's path to living well and living a life with meaning. Told in her own inimitable style, this book transcends genres and categories: it's part guidebook, part memoir, part poetry - and pure delight. 'She moved through the world with unshakeable calm, confidence and a fierce grace . . . She will always be the rainbow in my clouds' OPRAH WINFREY 'She was important in so many ways. She launched African American women writing in the United States. She was generous to a fault. She had nineteen talents - used ten. And was a real original. There is no duplicate' TONI MORRISON

The Road to My Daughter Mar 31 2020 Do I have a right to write this story? The road that trans people must travel to realise themselves fully, unfurling their truth before the world, is a long and painful one. Every step along that way is tangled with fear and provocation, and too often each moment of personal courage and joy is poisoned by the ignorance and insensitivity of others. Elisabeth Spencer's daughter, Milly, came out as trans when she was twenty-one, undergoing sex-reassignment surgery in Bangkok at the age of twenty-four. The Road to My Daughter explores Elisabeth's emotional journey over the course of her daughter's life, as she struggles firstly with the mystery of Milly's constant unhappiness, then with the revelation of her coming out, through a sense of bereavement, bewilderment and guilt, culminating in her determination to help her child become her true self. The Road to My Daughter is both compelling and timely, as well as a thoughtful reflection on trans issues. Elisabeth's narrative illuminates what it really means to be the parent of a transgender child, how it feels to witness the physical and mental processes of transitioning, and the realities behind embarking on this journey together.

Somebody's Daughter May 14 2021 "One of the most prominent voices of her generation debuts with [a] ... powerful memoir: the story of a childhood defined by the ever looming absence of her incarcerated father and the path we must take to both honor and overcome our origins"--

Girl in the Mirror Sep 25 2019 Exploring the interaction between mother and daughter during the adolescent years, the authors describe the changing dynamics of the relationship and explore the parental role during a time of emotional and psychological development.

The Daughterhood Dec 21 2021 A group of 40-something women explore the relationships each has with their mother, agreeing to improve those relationships before it's too late. When Natasha Fennell's mother was diagnosed with a progressive illness, she wasn't ready to do deal with the inevitability of what this would bring. Sitting outside the hospital after visiting one day, Natasha wondered how she would cope when her mother was gone. There started a panic and self-scrutiny. Had she been a good enough daughter? Would she have enough time to do all the things she wanted to do with her mother before she died? Natasha knew that she couldn't be the only one feeling this way. She began her research and quickly learned that other daughters had similar fears and had never spoken about them before. Love for their mothers, regret for opportunities missed, resentments and emotional complexities all bubbled to the surface. Through these conversations, a friendship blossomed with Róisín Ingle, popular columnist at the Irish Times. After a call out in Róisín's column, hundreds of responses poured in and there *The Daughterhood* was formed. *The Daughterhood* is the funny, poignant, and occasionally heart-breaking story of nine daughters coming together to talk about their mothers and the joy and despair that this relationship brings. Over a period of months they commit to completing various tasks all in the hope of improving their relationship with the most important woman in their lives - before she dies.

Things I Want My Daughters to Know Oct 31 2022 'My beautiful girls. If you've read this, you'll know it contains some - not all, but some - of the things I want my daughters to know. And the greatest of these is love ...' How would you say goodbye to those you love most in the world? Barbara must say a final farewell to her four daughters. But how can she find the words? And how can she leave them when they each have so much growing up to do? There's commitment-phobic Lisa. Brittle, unhappily married Jennifer. Free-spirited traveller Amanda. And teenage Hannah, stumbling her way towards adulthood. Barbara's answer is to write each daughter a letter, finally expressing the hopes, fears, dreams and secrets she couldn't always voice. These words will touch the girls in different - sometimes shocking - ways, unlocking emotions and passions to set them on their own journey of discovery through life.

The Daughter's Tale Feb 29 2020 For readers whose hearts were broken by *The Tattooist of Auschwitz* 'Correa's prose is atmospheric, but what's most fascinating about this novel is his portrayal of terrified yet strong female characters' New York Times New York City, 2015: Eighty-year-old Elise Duval is a French Catholic who arrived in New York after the Second World War. When a woman from Cuba visits with letters written in German to Elise from her mother during the war, her world is forever changed as she remembers a time and country she'd long since forgotten and seven decades of secret unravel. Berlin, 1939: Bookstore owner and recent widow Amanda Sternberg is fleeing Nazi Germany with her two young daughters. She heads towards unoccupied France, but with such a hard fight for freedom, a peaceful life of safety is hard to find. Based on true events, *The Daughter's Tale* chronicles one of the most harrowing atrocities perpetrated by the Nazis during the Second World War: the 1944 massacre of all the inhabitants of a small, idyllic village in the south of France. Heartbreaking and immersive, *The Daughter's Tale* is a beautifully crafted family saga of love, survival, and hope against all odds.

The Daughter Nov 27 2019 A riveting psychological thriller about a mother's obsessive search for her missing daughter. Jenny is a successful doctor, the mother of three great teenagers, married to a celebrated neurosurgeon. But when her youngest child, fifteen-year-old Naomi, doesn't come home from a school play, Jenny's seemingly ideal life begins to crumble. There is a nationwide search with no success. Naomi has vanished, and her family is broken. As the months pass, the worst-case scenarios--kidnapping, murder--seem less plausible. Yet more than a year later, a desperate Jenny is still digging for answers--and what she finds disturbs her. Everyone she's trusted, everyone she thought she knew, has been keeping secrets, especially Naomi. Piecing together the traces her daughter left behind, Jenny discovers a very different Naomi from girl she thought she'd raised. Jenny knows she'll never be able to find Naomi unless she uncovers the whole truth--a twisting, painful journey into the past that will lead to an almost unthinkable revelation... --Tess Gerritsen, bestselling author of *Last to Die*

Daughters Rising Aug 24 2019 The Mother/Daughter Relationship gets a Makeover from the Feminine Divine. You love your mother, but she can drive you crazy. No matter what you do, it isn't quite good enough. When you speak up, mom says, "Well then, I guess I'm just a horrible mother." The mixed messages and guilt weighs you down and leaves you wondering if you can ever get it right. How can you turn this around, free yourself from self-doubt, and break the cycle for your own daughter? You can meditate, chant affirmations, and dutifully practice feeling grateful all you want, but you can't create the life you desire without addressing the issues around the person who first gave you life. Do you apologize chronically, saying, "I'm sorry" and "it's ok," when it isn't? Second-guess yourself with every decision? Look to others for your sense of self worth? Feel that you have to choose between looking good and feeling good? Come with me, as I show you how the problems you have with your mother mirror the problems you have in life. By understanding what has gone wrong in the mother/daughter relationship and turning it around, you activate the Feminine energy that is the key to having the life you've always wanted. Are you ready to rise up, come alive, and live beyond your mother's limiting messages? Rise up and claim your full true Feminine power! In psychotherapist's Katherine Fabrizio's ground breaking book, *DAUGHTERS RISING*, she tells you how your relationship with your mother is affecting your life in ways you have not yet imagined. Your struggle with mom mirrors the internal struggle you have with yourself. The impossible standards your mother tried to live up to has caused you to be filled with shame, guilt and self-doubt. It doesn't have to be this way. Buried in each disempowering message is a message of strength and hope when you get back online with your Feminine power. You can't get there with the masculine energy that held your mother down and is so prevalent in the western culture today. This book will break the spells that are holding you back from the life you've always wanted and show you the way home to claim your true Feminine power. Get clear on the mixed messages that were passed down to you and learn how to rise above those messages. What are you waiting for? Your life is waiting. See how you have had the power in you all along. This, my pretty, changes everything."

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